

# TRANSITION YEAR PROGRAMME

# FRENCH SPORTS

## 23 APRIL - 19 MAY 2017



BOYS AND GIRLS | RUGBY, SURFING, SAILING, GOLF, TENNIS...



FROM  
**€700**  
PER WEEK  
OR PART THEREOF

French Sports transition year programme gives students the opportunity to immerse themselves in French life while at the same time preparing for their leaving certificate French examination and also receiving top class coaching in their chosen sports.

We are 18 years providing top quality sports and language programmes through our well known Rugby and French programme [www.rugbyandfrench.com](http://www.rugbyandfrench.com) and we have also worked closely over a long period providing sports trips [www.ru-adventure.com](http://www.ru-adventure.com) for many of Ireland's top schools including Gonazaga, St Andrews, CBC Monkstown, Wesley, Ballymena Academy, Ard Soil Rhis, Crescent College and top quality professional sports organisations including the IRFU and both Leinster and Munster rugby. We have a reputation for providing well supervised and engaging programs which is particularly appropriate for transition year where the students are at an important developmental stage and need to be kept engaged and interested and passionate about their subject matter.

All students will be assessed at the beginning of their trip and at the end of their trip and results will be available on request. Our facilities are top quality and used by top level schools and clubs including french olympic rowing teams. All rooms are ensuite, classrooms are modern and the food and kitchen are excellent. All activities are onsite or within easy distance.

Our weekend activities will include visits of cultural and educational value to local points of interest. Students can choose from a 1 week to a 4 week stay. All travel can be booked through our travel partner, well known Irish travel operator Joe Walsh Tours.

## A TYPICAL DAY

08.00 - Breakfast

09.30 - French class

13.00 - Lunch

14.30 - 17.30 Sports coaching

19.30 - Dinner

20.30 - Evening class or presentation

**Nigel Osborne** is our Coaching Co-ordinator. Nigel is an IRFU accredited rugby head coach who has worked in the All Ireland league, French top 14 competition and the Leinster schools senior cup competition over the last 25 years as both a player and a coach. A fluent French speaker and passionate about sports development, Nigel is the founder and owner of the well known rugby and french programme [www.rugbyandfrench.com](http://www.rugbyandfrench.com) and a co-owner at the popular crossfit 536 gym in Blackrock.

**Pat Fox** is leading our French programme. Pat will be present and will be helping put in place and teaching our French language programme. Pat is hugely experienced with 40 years teaching FRENCH FOR THE STATE EXAMS and 25 years marking the same exams. A hugely popular teacher at CBC Monkstown in Dublin where he was VICE PRINCIPAL for 23 years 1990-2013 and for 4 years as Principal. Pat loves all things French and has a fantastic capacity to bring his cheery and always positive attitude to any group he works with. We are sure he can help develop a love of the French language and also give students a real head start in their EXAM PREPARATION.

For more information:

**Nigel Osborne:** +353 (0)87 244 8868 | [sales@rugbyandfrench.com](mailto:sales@rugbyandfrench.com)

**Karen (Joe Walsh Tours):** +353 (0)1 2410892 | [info@joewalshstours.ie](mailto:info@joewalshstours.ie)

[www.rugbyandfrench.com](http://www.rugbyandfrench.com)

